

**Be careful what
you pass down.**



When you use spit tobacco, you're passing down a higher risk of cancer and hypertension. Spit tobacco may also lead to an increased risk of heart disease and stroke.

Stop spit tobacco addiction.

**For help, call the Montana Tobacco
Quit Line at 1-800-QUIT-NOW.**

MONTANA TOBACCO

QUIT *LINE*
1-800-QUIT-NOW